



Enliven provides health and disability services for older people and those with disabilities or injuries in a home or community setting.

Our focus is on enabling clients to live in their own homes, engage socially with others and ultimately stay healthy for longer.

Key services:

- Support to remain living at home (older persons or after an injury, illness or hospitalisation)
- Community-based Day Services
- Disability support
- In-home respite support
- Individualised Funding
- Private services

We passionately believe that everyone deserves to enjoy life, whatever their age, disability or injury. That's why we offer a wide range of personalised, practical services to help people maximise their independence, and enjoy a happier, healthier and more sociable life.

We are the health and disability arm of Presbyterian Support Northern, which also operates the social services of Family Works, Lifeline and Shine.



Support at home

Enliven service coordinators (registered nurses) visit referred clients at home to work out a support plan together to meet their individual needs.

- Enliven has more than 460 support workers who work alongside around 3250 New Zealanders. Support workers are largely unseen in our communities as they support people's privacy and dignity as they live their everyday lives.
- Our support workers reflect the diverse cultures in our communities and have (or are working towards) a minimum qualification of Level 3 of the NZ Certificate in Health and Wellbeing.
- Enliven support workers help improve our clients' quality of life by providing a wide range of assistance to people with a huge range of needs. This can include personal care, encouraging mobility exercises, helping with meals, groceries or basic household tasks. They work with people of all ages and stages of life, particularly older people and those with injuries. We provide short-term and long-term support to enable people to stay living at home.
- Enliven services are free for clients who have been referred to us through a Needs Assessment and Service Coordination (NASC) agency. Not all services are available in all areas, due to different contracts. If people are not eligible for funding, they can contact Enliven to discuss if paying privately.

Individualised Funding

If you have a disability and require support, your needs will be assessed by your local Needs Assessment Service Co-ordination (NASC). You will then be allocated some funding for services such as personal care, household management, and respite that you can organise in a way that works best for you. Enliven can support you to choose how to use this funding. You can employ the person you want to work with or contract with an organisation to send in their workers. Family members can now also be employed to provide this type of support. For more information, phone 0800 IFENLIVEN (0800 433 654 836)

Day Services

Enliven Day Services focus on supporting people to maintain their independence. We aim to provide meaningful activities that are personalised to each individual. These include things like gardening and crafts, exercise programmes, outings, music, singing and dance activities, table-top activities, memory games and cognitive stimulation therapy. Enliven has seven Day Services throughout the region in Auckland, Manukau, Coromandel, Waikato, Tauranga and Whakatāne.

